



**Teresa McDougal**  
Graphic Design Portfolio

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# GRAPHIC DESIGN PORTFOLIO

Advert  
Banners  
Brochures  
Bulletins  
Manuals

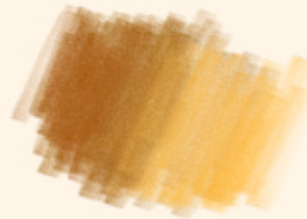
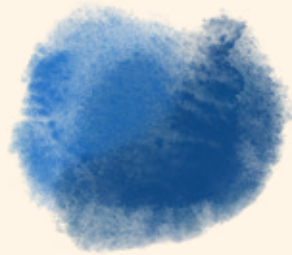
Selected  
Work  
2025

# BOOK MOCK

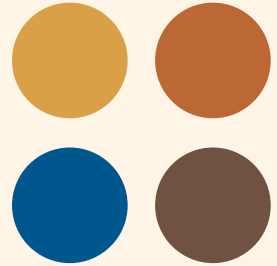
This mock project demonstrates my ability to implement creative strategy and concept development from ideation to execution. Inspired by Ascension's mission to reflect truth and beauty, I began by developing a mood board that established the aesthetic direction—warm, faith-centered, and child-friendly. From there, I created a cohesive visual identity including a book cover, interior layout, and supporting illustrations. Each element was designed with careful attention to typography, color, and storytelling to communicate hope and light in a way that resonates with young readers.



## Textures



## Color



## Font

**Kidos Park**  
Open Sans

## Mood

warm, hopeful, gentle

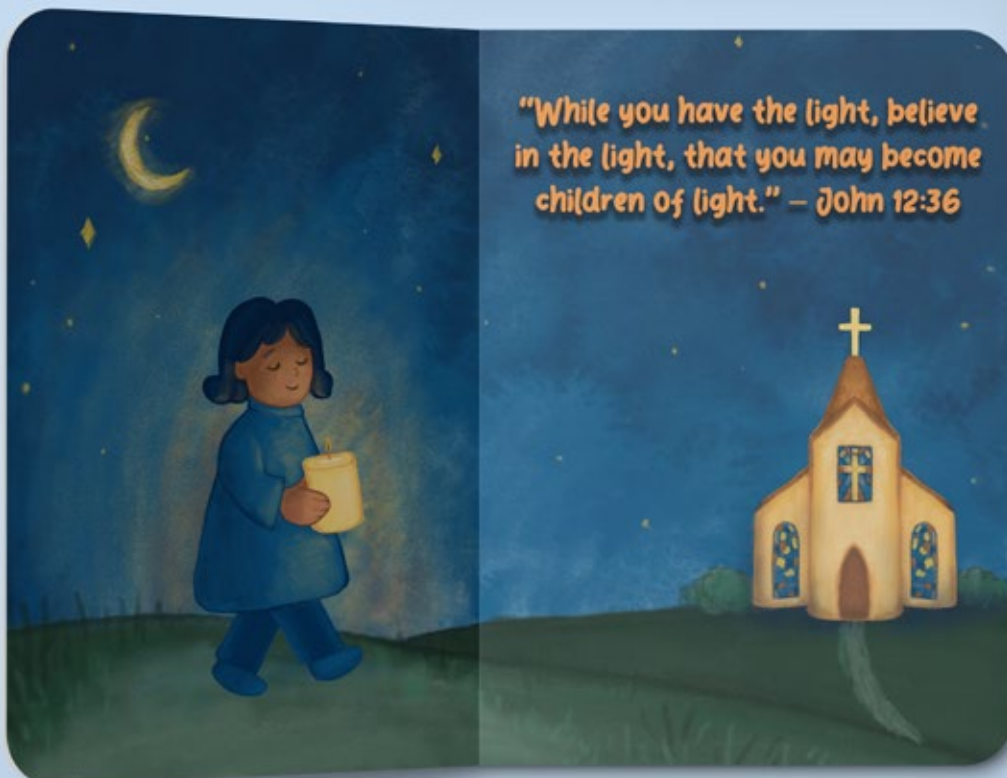
## Illustration Inspiration Samples





# THE LITTLE LIGHT OF FAITH

This project showcases my experience in managing all aspects of design for print—from conceptual brainstorming and art direction to layout execution and production-ready preparation in Adobe Creative Suite.





# MAGAZINE ADVERTS

I created a series of advertisement designs for Rtec-Instruments to be produced in STLE's TLT (Tribology & Lubrication Technology) magazine, focusing on clean layouts and impactful visuals that align with the publication's professional tone. Each ad was crafted to communicate technical information in a visually engaging way, balancing clarity, branding, and aesthetic appeal to capture the attention of a specialized audience.



## Test the Future of Mobility and Materials

From EV drivetrains to sustainable lubrication research —  
Rtec-Instruments delivers the data that drives innovation

Electric Vehicles • Lubrication Sustainability • Additives



### Lubricant and Material Tribology Characterization

EV Fluids, AC, DC, Current

Rtec Instruments provides advanced tribometers, surface testers, and multi-sensing platforms that enable engineers and researchers to test, analyze, and optimize lubricants, additives, and materials. Reduce wear, friction, and energy losses through electrified testing and real-world simulation.

+1 (408) 708 9226 • [info@rtec-instruments.com](mailto:info@rtec-instruments.com) • [www.rtec-instruments.com](http://www.rtec-instruments.com)


## ELECTRIFIED TRIBOLOGY

Empowering EVs with Surface, Material, and Lubricant Testing Solutions

- Efficiency
- Thermal Management
- Lubricants
- Additives
- Grease
- Corrosion
- Electrical Contacts

### ELECTRIFIED TEST SETUPS

EV FLUIDS, AC, DC, CURRENT



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## ELECTRIFIED TRIBOLOGY

Empowering EVs with Surface, Material, and Lubricant Testing Solutions



Optimizing EV performance and reliability with friction, wear, 4-ball, SRV, simken, bearings, pitting, & fatigue electrified testing and analysis.

- Efficiency
- Thermal Management
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- Additives
- Grease
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# STUDY FRICTION AND WEAR OF MATERIALS

## BEARINGS UP TO 50,000 RPM

### High-Speed Friction Testing

- Efficiency
- Thermal Management
- Corrosion
- Lubricants
- Additives
- Grease



### Rapid Wear Resistance Analysis

### FASTEST SPEEDS ON A VERSATILE TRIBOLOGY PLATFORM



0.001-50,000 RPM , mN to 12,000N, -120°C to 1200°C

- Rotary
- HFRR
- Fretting
- 4-Ball
- Tapping Torque
- 3D In-line Imaging

# POWERING THE FUTURE OF ELECTRIC VEHICLE LONGEVITY AND PERFORMANCE



### Electrified Advanced Tribometers

EV Fluids, AC, DC, Current



E-Rotary



E-Block on Ring



E-Two Roller



E-Microplitting



E-4 Ball



E-Mini Traction



E-SRV

Improve efficiency, reduce wear, and extend the life of motors, drivetrains, battery systems, and critical EV components.

(408) 708 9226 info@rtec-instruments.com www.rtec-instruments.com



### Measure. Optimize. Sustainability.

ADVANCED TESTING SOLUTIONS FOR NEXT-GEN LUBRICANTS

[LEARN MORE](#)



### OPTIMIZE ELECTRIC VEHICLE PERFORMANCE

WITH RTEC-INSTRUMENTS ELECTRIFIED ADVANCED TRIBOMETERS

[LEARN MORE](#)



### Measure. Optimize. Sustainability.

ADVANCED TESTING SOLUTIONS FOR NEXT-GEN LUBRICANTS

[LEARN MORE](#)



# BROCHURES

I design brochures for both print and digital use, creating layouts that work seamlessly across web, tradeshow displays, and marketing materials. Each piece is carefully formatted for visual clarity, brand alignment, and readability, ensuring consistent presentation across platforms and effective communication of complex information.



# CHURCH BULLETINS

I design the weekly parish bulletin for St. Thomas Aquinas Parish, creating layouts that balance clarity, warmth, and visual interest. Each issue highlights parish events, liturgical schedules, and community updates in a way that's easy to read and visually engaging. I focus on using consistent branding, clear hierarchy, and inviting imagery to help parishioners stay connected and informed.

October 23, 2023

## Saint Thomas Aquinas Bulletin

St. Thomas Aquinas, St. Albert the Great, and Our Lady of the Rosary

### Parish Lunch This Sunday

Sunday, October 26

Don't miss our October Parish Lunch on Sunday, October 26, following the 10:30 AM Mass at Our Lady of the Rosary Church.

The menu will feature ravioli pasta (or a similar dish). Come share in food, fellowship, and faith!



### Parish Garden

Please join us for a cool Fall morning at the Pastoral Garden at Our Lady of the Rosary Pastoral Garden (behind the parish office on 3290 Middlefield Rd).

This Saturday, Oct. 25, help with some weeding, pruning, sowing up, and other Fall garden tasks, 9 to 11:30am or however much time you can spare.



### STA 2025 Youth Retreat

November 7-8, Mount Herman in Felton, CA

8th to 12th grades are invited to the annual STA Youth Retreat in the beautiful Santa Cruz Mountains. This is a time set apart for prayer, reflection, and building deeper friendships rooted in Christ. Surrounded by God's creation, our middle and high schoolers will have the chance to grow in faith, encounter the Lord in a new way, and return renewed and strengthened. Questions? Contact Youth Ministry Coordinator Miguelangel Cardenas: miguelangel.cardenas@stq.org



### Announcements and Upcoming Events

We look forward to seeing you at these events as we grow together in Christ. For more details, contact the parish office.

**13 OCT**

**Columbus Day Mass Schedule**  
In observance of the Columbus Day federal holiday, Monday, October 13, Saint Albert the Great Church will offer a single Mass at 10:00 AM. Please join us as we celebrate this special liturgy.

**26 OCT**

**October Parish Lunch**  
Don't miss our October Parish Lunch on Sunday, October 26, following the 10:30 AM Mass at Our Church. Hosted by our Faith Formation groups, the menu will feature ravioli pasta (or a similar dish).

**14 OCT**

**Seniors Soup Lunch**  
All seniors are warmly invited to a delicious soup lunch on Tuesday, October 14, at 12:30 PM in Saint Albert the Great Parish Hall. Come enjoy fellowship and a warm meal with our community!

**1 NOV**

**All Souls Mass of Remembrance**  
Mark your calendars for our annual All Souls Mass of Remembrance on Saturday, November 1, at 5:00 PM at Saint Albert the Great Church. Join us as we pray for our departed loved ones in this sacred liturgy.



### New Ministry Opportunity: Vocations Crucifix Program

We are introducing a new prayer ministry in our parish and are looking for volunteers to help pray for an increase in vocations to the clerical priesthood and the consecrated religious life.

Please contact Mary Lou Savage at: marylou.savage@stq.org for details.

### Memorial Garden at Saint Thomas Aquinas Church

The Memorial Garden is a place where families can memorialize their deceased loved ones by placing their names on plaques in a special garden located at St. Thomas Aquinas Church on Waverley Street. For the living, it is a place for meditation and contemplation, honoring the spirit of their loved ones who have passed through to eternal life. The plaques are a reminder that, though no longer with us, family and friends still live close in our heartland use the QR code for further information.




### Fr. Seth Kupo, Rest in Peace

10/26/2023

Fr. Seth Kupo died early Thursday morning at St. Camino Hospital. Please remember him, his family, and communities he served in your prayers. Funeral details will be shared when available.

Eternal rest grant unto him O Lord.  
And let perpetual light shine upon him.  
May his soul and souls of all the faithful departed through the mercy of God rest in peace.  
Amen.

### Please Pray for the Sick and Homebound

**Sick and Homebound:**  
Yvette Boone, Lillian Aragon, Bill Morrison, Laura Quintaner, Enderlia Sandoval, Raul Balbu, Winnie McGinnon, Kichell Quintaner, Jean Campbell, John Pedraza, Maria Fu, Niki Chui, Mary Martinson, Shui Wong, Dan Fitt, Bob Reids

**Recently Deceased:**  
Fr. Seth Kupo, Francis Yesso, Brian Dooney, Kathy Stonery, John Christopher Kelly, Mark Delamater, Planagan John Arnold, Leticia U Revilla, Eleanor Jane Kelly, Mary Valentin, Mary Frances Johnson, Perri Cobado, Magdalena Mendez, Susan Adams, Maria Aguilar, Guillermina Garcia

To add a name to a list, you must obtain permission from the person or their family and contact:  
Mary Fong  
maryfong@gmail.com

### Join the CROP Hunger Walk

Our annual Mid-Peninsula CROP Hunger Walk will be held on Sunday, Oct 29 at St. Raymond's church in Menlo Park.

We will gather with others in our community to fight hunger locally and around the world. Walkers and sponsors are needed for our St. Thomas Aquinas Parish Team.

Please see our posters in the church vestibules and use the QR code for further information.



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### Parish Winter Drive for Our Unhoused Neighbors

There are now collection boxes in the church vestibules for your donations of clean sleeping bags, warm winter coats and blankets to comfort our unhoused neighbors during the cold, wet winter months. Please keep our less fortunate friends in mind and be generous.

You may place monetary donations into the mail-in envelopes attached to the posters in the vestibules or donate online via the parish website. In past years, your donations have been provided to Ecumenical Hunger Program in East Palo Alto, The Catholic Worker House in Redwood City, St. Vincent de Paul in our parish and St. Francis in SFA, the Heart and Home Collaborative women's winter shelter and many others.

For questions call Human Concerns Committee at 650-283-6343




### Jubilee of The Missionary World and Jubilee of Migrants

Monthly of the Holy Father Leo XIV

This Jubilee of the Missions and Migrants is a wonderful opportunity to rekindle in our selves the awareness of our missionary vocation, which arises from the desire to bring the joy and consolation of the Gospel to everyone. Each one of us should be able to say with joy the entire Church is missionary, and it is urgent - as Pope Francis affirmed - that we "go forth and preach the Gospel to all to all places, on all occasions, without hesitation, reluctance, or fear" (Evangelii Gaudium, 25).

The Holy Spirit sends us to continue the work of Christ in the world's peripheries, marked at times by war, injustice, and suffering. I think of our migrant brothers and sisters, who have had to depart their homelands, often leaving their loved ones behind, enduring fear, loneliness, discrimination, and violence. The cry of sorrow in the Old Testament: "Lord, how long shall I cry for help, and you will not hear? Why do you make me see wrongs and look upon trouble?" (Psalm 135:1-3) has re-emerged at the present time. The response of the Lord opens us to hope. If the Prophet denounces the force of evil, the Lord, for His part, announces to him that all will cease and salvation will come without delay: "Look at the proud! Their spirit is not right in them, but the righteous live by their faith" (Isaiah 24). The possibility of life and salvation that comes from faith, not only helps us to resist evil, and persevere in doing good, but it transforms our life to make it an instrument of salvation for the world. Indeed, it is enough to have faith the size of a mustard seed to do unimaginable things (Mt 17:6), because faith carries the strength of God's Love.

This salvation is fulfilled when we choose to serve the Gospel, and our brothers and sisters, without seeking our own interests, but only with the desire to bring God's love to the world. Today, a new missionary age opens in the history of the Church, calling us to renew in ourselves the fire of our missionary vocation. The frontiers of the missions are no longer in distant lands, because poverty and suffering have made their way to us. Today, the mission is not so much about "departing" but "remaining" to proclaim Christ through hospitality, compassion, and solidarity.

St. Peter's Square, 27th Sunday in Ordinary Time, 3 October 2023  
(Teresa Buttsch, M.D.)

### Confession

St. Albert the Great  
Saturdays  
4:30 PM

St. Thomas Aquinas  
Saturdays  
5:30 PM

### Rosary

St. Albert the Great  
After Holy Mass

Our Lady of the Rosary  
Sundays  
8:30 AM (optional)

### Weekday Mass

St. Thomas Aquinas  
Sundays 7:00 AM  
10:30 AM  
Saturdays 9:00 AM (Thomas-Monica-Carmen Community)  
11:00 AM (Jungmann Mass)

St. Albert the Great  
Mondays, Tuesdays, Thursdays, Fridays  
9:00 AM  
Wednesdays  
8:15 (School Mass)

Our Lady of the Rosary  
Sundays  
10:30 PM (high school)

### Weekend Mass

Sundays  
10:30 PM (high school)

### Give Online!

Online giving is simple and easy to use! Scan the QR code for direct access.

### Follow us on Instagram

Stay connected with parish life, see what's happening in our ministries, and be inspired by daily faith-filled moments @stqathome

### Get in Touch!

Have questions or need support? Our pastoral staff is here to walk with you in faith - please don't hesitate to reach out and connect with us.

### Pastoral Staff

Rev. Esteban Milotich, Pastor, ext. 1  
esteban.milotich@stq.org

Rolando Santolucito, Parochial Vicar, ext. 2  
rolando.santolucito@stq.org

Deacon Daniel Hernandez  
daniel.hernandez@stq.org

Mary Lou Savage, Office Administrator, ext. 0  
marylou.savage@stq.org

Tyler Nigs, Director of Faith Formation  
tyler.nigs@stq.org

Miguelangel Cardenas, Youth Minister  
miguelangel.cardenas@stq.org

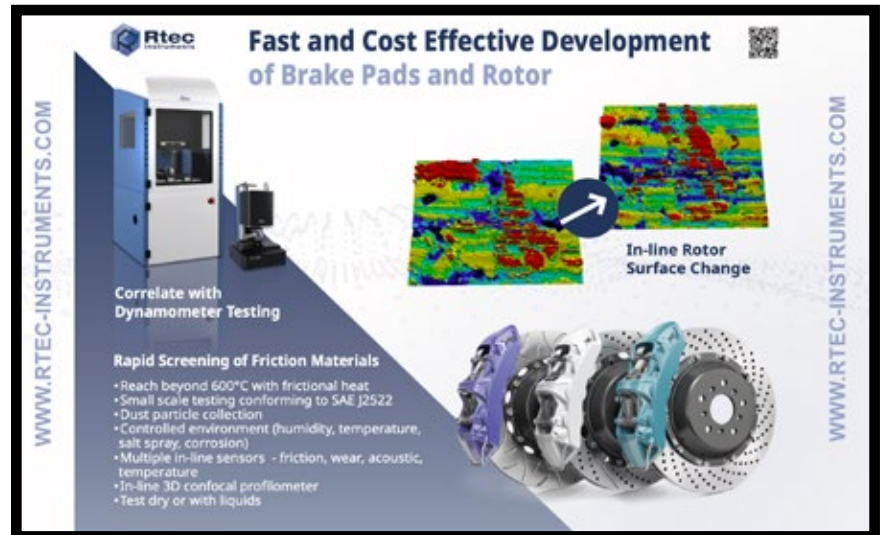
Mary Fong, Pastoral Home Ministry, ext. 6  
maryfong@gmail.com

Patricia Cruzet, Quinceaneras, Weddings, & Funerals  
Coordinator, ext. 3 Or 408-340-0728  
patricia.cruzet@stq.org



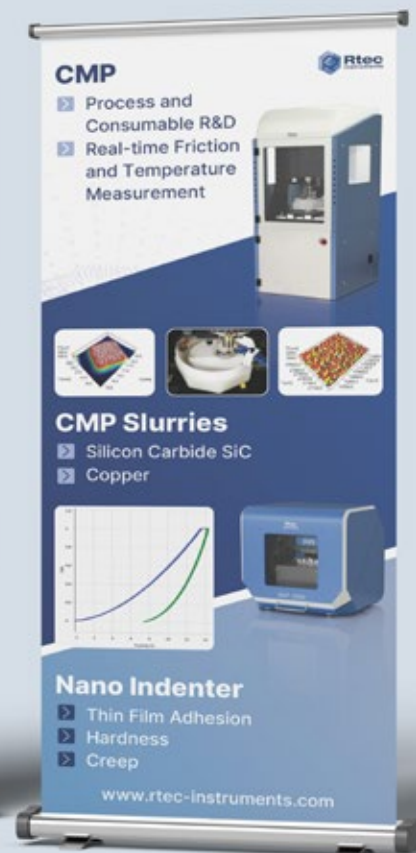
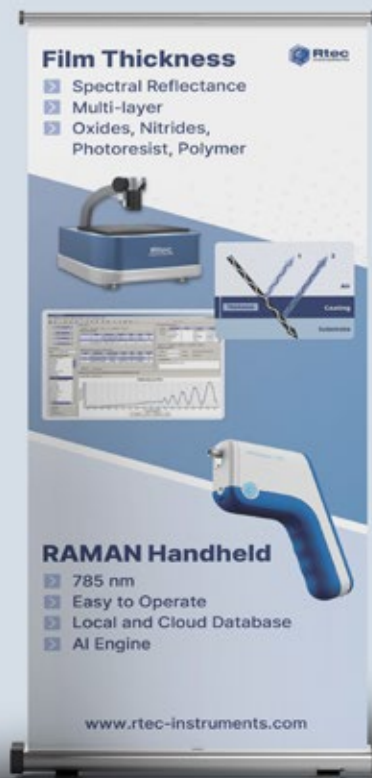
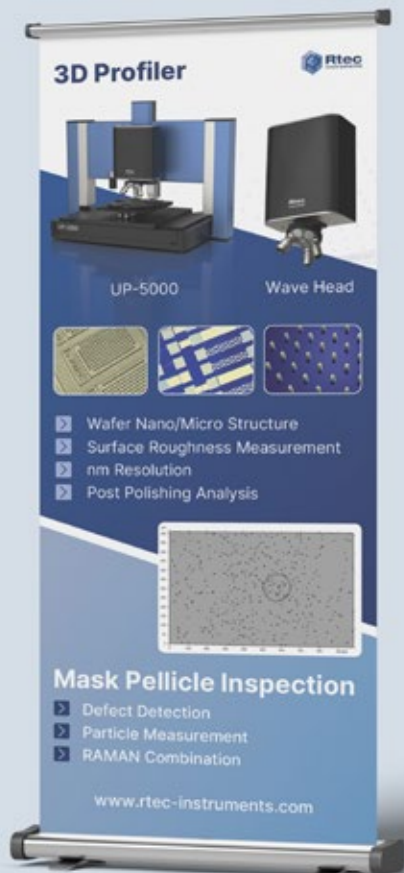
# TRADESHOW BANNERS

I designed large-format banners for Rtec Instruments to showcase their innovative testing equipment at major tradeshows. Each banner was crafted to draw attention in busy exhibition spaces, using bold imagery, clear messaging, and cohesive branding to highlight the company's technology and expertise. The designs balanced technical precision with visual impact, helping the brand stand out and engage visitors.



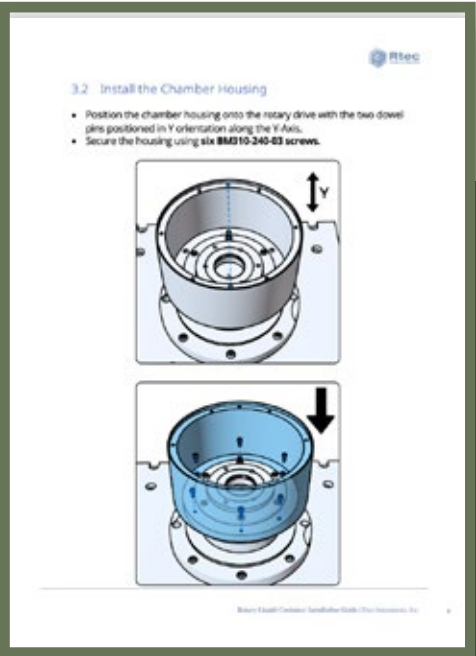
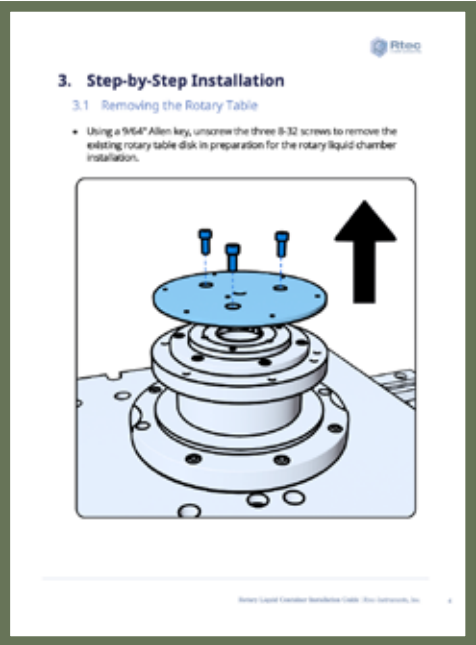


# ROLLUPS



# MANUALS

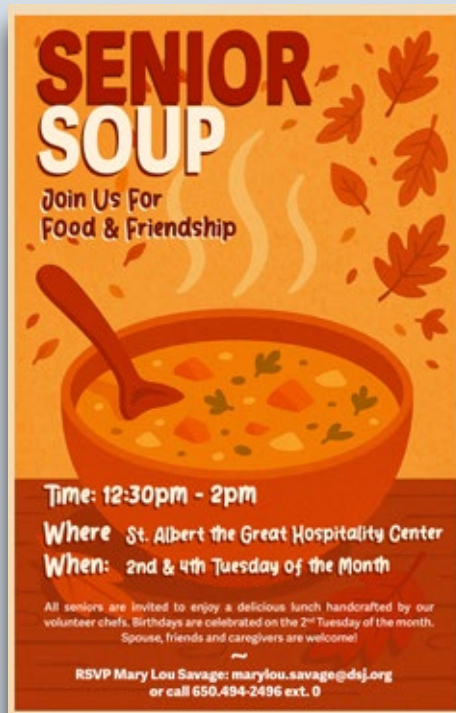
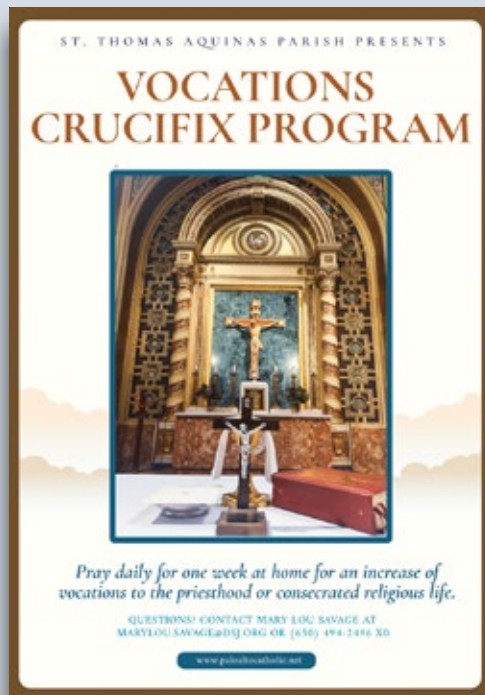
I create comprehensive technical manuals for Rtec Instruments, integrating precise technical content with 3D Models into 2D illustrations and clear formatting. Each manual is designed for readability and consistency, helping users navigate product details efficiently while reinforcing the company's brand and commitment to quality documentation.





# POSTERS

I create poster designs for parish communications, including email newsletters and printed displays in the church vestibule. Each design maintains bright visuals to catch the eye. readability is always maintained across formats, helping to effectively promote events and strengthen parish communication.





# SOCIAL MEDIA

I create social media graphics for Rtec-Instruments, developing cohesive visual content for LinkedIn and Instagram that aligns with the company's branding and marketing goals. Each design is optimized for its platform, ensuring professional presentation, consistent messaging, and effective audience engagement.





# ABOUT ME

I'm a creative marketing professional with a strong background in digital media, design, and strategic communication. Over the past several years, I've supported marketing campaigns from concept to completion—coordinating print, web, and social media initiatives that strengthen brand identity and community engagement. I'm passionate about using storytelling, visual design, and data-driven strategies to promote meaningful messages that inspire connection. My work helps companies communicate their innovation, functionality, and design intent with clarity and visual impact.



# THANK YOU

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